DINING

At Driscoll Children's Hospital, Corpus Christi, every child is a VIP to us-or a Very Important Patient! Food, and the nutrition it provides, is an important part of the recovery process. Our facility is well-equipped to serve each patient the food they need to reach their recovery goals. Retail food service options are available to our patient's families and visitors. Read on to learn more about all our Food and Nutrition Team has to offer.

We offer various nutrition-specific menus to accommodate the therapeutic diet order prescribed by your child's doctor. Our patients receive meal service for three meals per day during their hospital stay. Diet Technicians contact the room phone one day in advance to offer appropriate food selections for your child during their stay. Our team of culinary professionals, cooks, and dietary clerks ensures your child gets the best quality meals possible.

Meal Service Times

Breakfast:	7:30AM - 8:30AM
Lunch:	11:30AM - 12:30PM
Dinner:	4:30PM - 5:30PM

Additional packaged beverages and snacks are available from the Nourishment Room on each floor. Ask your child's nurse for details.

If your child is prescribed a restrictive menu, details will be provided during your stay. Your needs are important to us! Please share any special requests regarding cultural, religious, or ethnic preferences with your Diet Technician.

In order to comply with the doctor's orders, we discourage patients from consuming outside food and beverages. Contact the Food Service Operations for questions at (361) 694-5188.





The Food Factory

Located on the lower level of the main hospital available to visitors and staff. Our talented retail chefs work hard to provide five food stations Monday through Friday with multiple options for meals and snacks.

Meal Service Times

Breakfast: 6:30AM - 9:30AM. Select items are available until 10:30AM. Lunch: 11:30AM – 1:30PM. The Grill will remain open unit! 4PM. Dinner: 5PM - 6:30PM. The Grill will remain open unitl 7PM.

Clara's Café

Located on the first floor of the main hospital near The Carousel Gift Shop. Clara's Café offers delicious favorites like pizza, guesadillas and a great selection of snack boxes with fresh salad, fruit, meat and cheese combinations. Daily soup, dessert and other specials are created fresh by our talented culinary team. We also offer made-to-order beverages including smoothies and coffee (hot or iced).

Meal Service Times: 6:30AM - 7PM

Vending Machines

Craving something salty or sweet? We have four vending machine locations: in the basement outside the Driscoll Food Factory, on the first floor on Whataburger Way, on the second floor by the PICU waiting area and on the third floor in the NICU waiting area. Vending machines are available 24 hours a day. Free coffee and microwaves are located on every inpatient floor.

All hours of operation and menus are subject to change. If you have a specific question and would like to speak to Food Service Operations, please contact (361) 694-5188.



Driscoll Children's Hospital 3533 S Alameda St. Corpus Christi, TX 78411

driscollchildrens.org



Pediatric Dining Menu Regular Diet





BREAKFAST

LUNCH

MON	Scrambled Eggs, Bacon, Hash Browns, Wheat Toast, Oatmeal, and Peaches	Pot Roast with Gravy, Roasted Potatoes, Carrots, Wheat Bread, and Vanilla Pudding	Pepperoni Pizza,
TUE	Scrambled Eggs, Refried Beans, Flour Tortilla, Cream of Wheat, and Banana	Hawaiian Chicken, Steamed Rice, Green Peas, Wheat Bread, and Oatmeal Cookie	Meatloaf and Gra and Boston Crea
WED	French Toast, Bacon, Apple Juice, and Oatmeal	Chopped BBQ Pork Sandwich, Broccoli, Pasta Salad, and Brownie	Parmesan Cesar Bread, and Orang
тни	Scambled Eggs, Sausage Patty, Biscuit, Cream of Wheat, and Mandarin Oranges	Turkey and Gravy, Zucchini, Cornbread Stuffing, Wheat Bread, and Applesauce	Chicken Fried St and Vanilla Wafer
FRI	Scrambled Eggs, Refried Beans, Flour Tortilla, Oatmeal, and Peaches	Crispy Fish Sticks, Pasta Alfredo, Spinach, Wheat Bread, and Gelatin	Spaghetti and M and Chocolate C
SAT	Cheese Omelet, Bacon, Wheat Toast, and Oatmeal	Carne Guisada, Spanish Rice, Carrots, Flour Tortilla, and Fruit Cup	Cheese Quesadil and Oatmeal Coo
SUN	Scrambled Eggs, Hashbrowns, Blueberry Muffin, and Cream of Wheat	Beef Lasagna, Broccoli, Garlic Breadstick, and Strawberry Shortcake	Chicken Planks a Wheat Bread, an



À la Carte

Bacon Bagel & Cream Cheese **Biscuit & Cream Gravy** Blueberry Muffin Bran Muffin Cheese Omelet

Cereal

Apple Jacks Cheerios Corn Pops

Fruit Bar

Applesauce Apple Slices Banana Cantaloupe Cottage Cheese Danish French Toast & Syrup Grilled Ham Hard Boiled Egg Hash Browns Mexican Pastry

Cream of Wheat **Frosted Flakes** Frosted Mini Wheats

Fruit Cocktail Fruit Cup Mandarin Oranges Orange Wedges Peaches

Pancakes & Syrup **Refried Beans** Sausage Patty Scrambled Egg Wheat Toast White Toast

Honey Nut Cheerios Oatmeal

Pear Half **Pineapple Pieces** Watermelon (Seasonal) Yogurt with Fruit

Chef Salad

Deli Sandwiches

Choose your bread: Croissant Wheat White

From The Grill

Baked Fish Cheeseburger Cheese Pizza Chicken Planks

Sides

Cucumber Sticks Dinner Roll **French Fries** Macaroni and Cheese

Choose your fillings: American Cheese Chicken Salad Ham

Country Cream Gravy Hamburger Grilled Cheese - on White or Wheat

Mashed Potatoes Potato Chips Saltines Steamed Green Beans Roast Beef Swiss Cheese Turkey Tuna Salad

Grilled Chicken Breast -Bun or No Bun Pepperoni Pizza Ravioli

Boston Cream Pie

Beef Broth

Chicken Broth

Drinks

Apple Juice

Chocolate Milk

Salads & Soups Campbell's Chicken Noodle Soup Campbell's Vegetable Soup Tossed Salad Campbell's Tomato Soup

Peanut Butter & Jelly

Tater Tots Tortillas - Flour or Corn Whole Kernel Corn

Brownie Chocolate Cake Chocolate Chip Cookie Chocolate Pudding

DINNER

a, Corn on the Cob, Tossed Salad, and Mandarin Oranges
Gravy, Mashed Potatoes, Green Beans, Wheat Bread, eam Pie
ar Chicken, Rice with Black Beans, Mashed Sweet Potato, Wheat Inge Wedges
Steak and Gravy, Mashed Potatoes, Green Beans, Wheat Bread, fers
Marinara, Meatballs, Broccoli, Garlic Breadstick, Cake
dilla, Shredded Lettuce, Sliced Tomatos, Pinto Beans, Fruit Salsa, cookie
and Crown Machael Datataon Minad Variatables Fruit Cales

s and Gravy, Mashed Potatoes, Mixed Vegetables, Fruit Salsa, and Pear Slices

*Condiments available upon request

Clear Liquid

Cranberry Juice Cocktail Vegetable Broth

1% Low Fat Milk 2% Reduced Fat Milk

Desserts

Animal Crackers

Full Liquid

All of the Clear Liquid menu items plus the following: 2% Low Fat Milk

Fat Free Milk Fruit Punch Grape Juice Lemonade

Gelatin Graham Crackers **Oatmeal Cookie** Orange Sherbet Popsicle Strawberry Shortcake Chocolate Milk Fat Free Milk Orange Juice Whole Milk

Orange Juice Water Whole Milk

Teddy Grahams Vanilla Ice Cream Vanilla Pudding Vanilla Wafers