



Patient's name: _____

Date of birth: _____

Patient contact number: _____

Reason for exam: _____

Special Instructions: _____

X-RAY

ULTRASOUND

FLUOROSCOPY

CT (Cat Scan)

Available at McAllen Medical Plaza

NUCLEAR MEDICINE

Available at McAllen Medical Plaza

Wet Reading, radiologist call _____

(Doctor, PNP, PA)

at _____

(Contact Phone Number)

Patient to go home after exam

Patient to return to office

Physician Signature: _____

Physician Name (Print): _____

Physician Contact Number: _____

MRI services are available through Driscoll Children's Hospital in Corpus Christi.

To schedule an MRI call: (361) 694-6132

We require a pregnancy test before certain medical tests can be done for girls who have started their periods. Medical tests requiring a pregnancy test are:

- Anesthesia (drug that puts you to sleep)
- Sedation (drug that has a calming effect)
- Placement of radioactive isotopes (special medicine)
- Tests that require x-ray procedures with special medicines to the stomach, hips or the upper part of the legs.

Patient Preparation

Upper GI Series, Small Bowel Series (Pharynx, Esophagus, Stomach and Small Bowel)

0-2 years:

- No solid foods after midnight (may have liquids, including formula)
- Nothing by mouth for 3 hours prior to exam

2-18 years:

- No foods after midnight
- Nothing by mouth for 4 hours prior to exam
- No chewing gum on the day of the exam

Double Contrast (Barium) Enema

- Polyps
- Rectal bleeding

10-16 years:

- Low residue diet for 48 hours prior to the exam
- Clear liquid diet for 24 hours prior to the exam
- No milk or milk products for 24 hours prior to the exam
- Nothing by mouth for 4 hours prior to exam
- Two (2) ounces of castor oil in grape juice or root beer at 4 p.m. on the day preceding the exam
- Pediatric Fleet enema at 8 p.m. the evening prior to the exam
- Pediatric Fleet enema 3 hours prior to the exam

Over 16 years:

- Same prep as 10-16 years except use an Adult Fleet enema

Esophagus, Barium Swallow (Pharynx, Esophagus)

All ages:

- Nothing by mouth for 2 hours prior to exam

Air Enema

- Intussusception
- No prep

Contrast Enema (Colon) for Chronic Constipation

- No prep

GENITOURINARY TRACT:

IVP

- No prep for painful hematuria/stones
- Prep if patient not having pain

All ages:

- Nothing by mouth 2 hours prior to exam

VCUG

- All ages:
- No fever for 24 hours

**No special preparation is required in children with abdominal trauma or other acute abdominal conditions necessitating IVP's or Barium Enema.*

***If patient has suspected renal hypertension, impaired renal function, an elevated BUN or Creatinine or other contraindications, the Radiologist MUST be consulted in advance prior to the injection of IV contrast media.*

Ultrasound Exam Preps

(Abdomen, Gallbladder, Liver [Hepatic], Pancreas)

Birth to 2 years old (less than 25lbs):

- Nothing by mouth 2 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

3 to 8 years old:

- Nothing by mouth 6 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

8 years and older:

- Nothing by mouth 8 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)
- Small amount of water, if needed, to take medication

Kidney (Renal)

- No carbonated drinks for the 12 hours prior to the exam

Pelvic Bladder

- 24-32 oz of non-carbonated drinks within 1 hour prior to the exam
- NO VOIDING

Head, hip, pyloric, soft tissue, testicle, thyroid

- No prep