



Patient's name: _____

Date of birth: _____

Exam(s) to be done: _____

Exam Date: _____ Exam Time: _____

History and Diagnosis (sign, symptom or chief complaint):

Special instructions: _____

X-RAY

MRI*

ULTRASOUND

NUCLEAR MEDICINE

CT*

Wet Reading, radiologist call _____

(Doctor, PNP, PA)

at _____

(Contact Phone Number)

Patient to go home after exam

Patient to return to office

Physician Signature: _____

Physician Name (Print): _____

Physician I.D. Number: _____

Patient Preparation

The following exams require an appointment. To schedule patients or obtain information, please call 361-694-6132. If you need to schedule a Nuclear Medicine, C.T., Ultrasound or MRI exam, please ask about any needed preparation when you call to schedule.

Upper GI Series, Small Bowel Series (Pharynx, Esophagus, Stomach and Small Bowel)

0-2 years:

- No solid foods after midnight (may have liquids, including formula)
- Nothing by mouth for 3 hours prior to exam

2-18 years:

- No foods after midnight
- Nothing by mouth for 4 hours prior to exam
- No chewing gum on the day of the exam

Double Contrast (Barium) Enema

- Polyps
- Rectal bleeding

10-16 years:

- Low residue diet for 48 hours prior to the exam
- Clear liquid diet for 24 hours prior to the exam
- No milk or milk products for 24 hours prior to the exam
- Nothing by mouth for 4 hours prior to exam
- Two (2) ounces of castor oil in grape juice or root beer at 4 p.m. on the day preceding the exam
- Pediatric Fleet enema at 8 p.m. the evening prior to the exam
- Pediatric Fleet enema 3 hours prior to the exam

Over 16 years:

- Same prep as 10-16 years except use an Adult Fleet enema

Esophagus, Barium Swallow (Pharynx, Esophagus)

All ages:

- Nothing by mouth for 2 hours prior to exam

Air Enema

- Intussusception
- No prep

Contrast Enema (Colon) for Chronic Constipation

- No prep

GENITOURINARY TRACT:

IVP

- No prep for painful hematuria/stones
- Prep if patient not having pain

All ages:

- Nothing by mouth 2 hours prior to exam

VCUG

All ages:

- No fever for 24 hours

**No special preparation is required in children with abdominal trauma or other acute abdominal conditions necessitating IVP's or Barium Enema.*

***If patient has suspected renal hypertension, impaired renal function, an elevated BUN or Creatinine or other contraindications, the Radiologist MUST be consulted in advance prior to the injection of IV contrast media.*

Ultrasound Exam Preps

(Abdomen, Gallbladder, Liver [Hepatic], Pancreas)

Birth to 2 years old (less than 25lbs):

- Nothing by mouth 2 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

3 to 8 years old:

- Nothing by mouth 6 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)

8 years and older:

- Nothing by mouth 8 hours before exam (includes all foods, snacks, gum, hard candy and all liquids)
- Small amount of water, if needed, to take medication

Kidney (Renal)

- No carbonated drinks for the 12 hours prior to the exam

Pelvic Bladder

- 24-32 oz of non-carbonated drinks within 1 hour prior to the exam
- NO VOIDING

Head, hip, pyloric, soft tissue, testicle, thyroid

- No prep

IMPORTANT NOTE: Intravenous (IV) Iodinated Contrast Use

Diabetic Patients on Glucophage/Glucoavance (Metformin Hydrochloride) Therapy:

- When IV iodinated contrast studies are planned for patients receiving metformin therapy, the metformin should be withheld the day of the study for 48 hours subsequent to the administration of any IV iodinated contrast
- The metformin should not be re-instituted until renal function has been re-evaluated and found to be normal
- Hold solid foods for 4 hours prior to IV contrast administration
- The patient must be well-hydrated and may have clear liquids until 1 hour prior to the procedure time